



# GRACIE BARRA HALESOWEN TIMETABLE

**JIU-JITSU FOR EVERYONE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					9:15am-10am GB KIDS 1	PRIVATE LESSONS
	10am-11am ALL LEVELS		10am-12pm OPEN MAT	10am-11am ALL LEVELS	10am-11am GB KIDS 2	
					11:00am-12pm OPEN MAT	
5pm-6pm GB KIDS 1	5pm-6pm GB KIDS 1		5pm-6pm GB KIDS 1	5pm-6pm GB KIDS 2		
6pm-7pm GB1	6pm-7pm GB KIDS 2	6pm-7pm GB1	6pm-7pm GB KIDS 2	6pm-7pm ALL LEVELS		
7pm-8pm GB2	7pm-8pm NO GI	7pm-8pm GB2	7pm-8pm NO GI	7pm-7:30pm FREE SPARRING		
8pm-8:30pm FREE SPARRING	8pm-8:30pm FREE SPARRING	8pm-8:30pm FREE SPARRING	8pm-8:30pm FREE SPARRING			

